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# ROLLING WHEELS



Keeping the friends of SAINT GILES up to date

MARCH 2016

BI-MONTHLY NEWSLETTER

How about Putting a "Ceiling on Your Desires" and Utilising Your Savings Towards the Service of Mankind by being a Supporter of the Disabled? Any & All Donations, both in Cash & Kind are Appreciated.

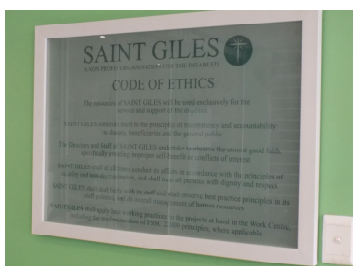
Give Senzo or Lorraine a call on 031 337 4404 to arrange the collection of your unwanted yet re-usable goods.



Our Banking Details for any Monetary Donations are:

**A/C Name:** Saint Giles Association for the Handicapped.  
**Bank:** F N B  
**Branch:** Beach Branch  
**Branch Code:** 220126  
**A/C Number:** 50881650904

## WE'RE ALL ABOUT ETHICS



Visit our offices and you will see our "Ethics" poster proudly displayed in our reception area. The policy makes clear the principles that all the staff subscribe to whilst doing Saint Giles business.

## COME BOOGIE @ THE BARNYARD WITH "SIX OF THE BEST" AND SUPPORT THE SAINT GILES FUNDRAISER

**SAVE THE DATE—FRIDAY, 15TH JULY 2016 @ 19H00.**  
Saint Giles will be hosting a fundraising evening at The Barnyard Theatre, Gateway.



"Six Of The Best" - a tribute to surpass all tributes, a celebration of the music of the six greatest pop icons of all time: Freddie Mercury, Bon Jovi, Meatloaf, Billy Joel, Pink and Cher all on one stage, in one show, singing the number one hits from the last four decades of pop music.

"Six Of The Best" is about showmanship, charisma and the music that all comes together in one big concert that's guaranteed to get your feet tapping for an amazing course!

Tickets are R155 per person & seats are limited. There will also be raffle tickets on sale for amazing liquor & fashion accessory hampers.

Contact Brenda for more information and ticket sales on 031 337 4404 or [Brenda@saintgiles.org.za](mailto:Brenda@saintgiles.org.za)



Need to buy or load your Muvo card? Find the Muvo van at the Saint Giles site from 06h00 to 07h30, on the first Friday of every month.



JOIN OUR WORLD

Turn Over for More Exciting News @ Saint Giles...

# SAINT GILES

A Non Profit Organization for the Disabled

## DONOR FUNDS @ WORK

Kindness is a language that the deaf can hear and the blind can see  
-Mark Twain

Remedial Gym patient **Amon Luthuli** celebrated his 89<sup>th</sup> birthday with Saint Giles on 1 April.

Amon has been coming to the gym for the past three years. He attributes his continued good health and longevity to not drinking alcohol or smoking. His favourite exercises at the gym are the bicycle and arm curls.

MD, Terry Rennie congratulated Amon, and Gym Volunteers, Ronnie and Manolene prepared a goodie basket for the octogenarian. We wish Amon good health and happiness always!



## WEARCHECK



Proud Supporters of Saint Giles for 41 years. To honour their commitment and financial donations they were presented with a Certificate of Appreciation, gift and refreshments recently. They were also taken on a tour of our facility.

On behalf of the Management and Staff, MD Terry Rennie, Operations Manager Doug Fry, and Marketing and Donor Liaison, Brenda Craig say a BIG Thank You to Wearcheck's Neil Robinson and Charmaine Thumbiran.



## REVAMPED SAINT GILES & COLOUR THERAPY @ OUR REMEDIAL GYM—A WHOLE NEW LOOK

Colour Therapy is based on the 7 colours of the rainbow. According to Ayurveda, there are also 7 energy centres in the body. The Saint Giles Remedial Gym has chosen 2 of these 7 colours viz; Yellow & Orange—the colours that strengthen and balance the soul.

Watch this space for a more in-depth look at our Building Alterations & Remedial Gym Transformation in our next **SPECIAL EDITION NEWSLETTER**

## PUTTING YOUR BEST FASHION FOOT FORWARD



Daniyel Berry from Style Me presented "The 7 Style Rules" to the Heritage Circle members on 12 February. Being the first Heritage Circle function for 2016 and coinciding with Valentine's Day, the 30 attendees received handmade chocolates and learnt fresh and exciting information about fashion sense.

Valerie Brooks and Zulmeida dos Santos became bequestors of Saint Giles. To honour their present day decision on a future gift they were presented with a Heritage Circle Award.



Want to know more about becoming a Bequestor or becoming part of the Heritage Circle, contact Brenda Craig during o/h at 031 337 4404 or via email at [Brenda@saintgiles.org.za](mailto:Brenda@saintgiles.org.za)



Thank You  
**LANCEWOOD**  
For your continued support.

